## December and January months are **CARING** for Character Counts

Caring is such a beautiful thing when put into action. Everyone knows the meaning of Caring. Caring includes many of the good character traits like sharing, empathy, friendship, patience, kindness, generosity, forgiveness, and more. We all want our children to be caring people so we need to teach them how. Here at St. Ambrose School we will be talking about it, watching videos showing examples, and sharing experiences about Caring. Parents thank you for showing you care by sending your children to St. Ambrose School.

## Famous quotes:

- "Never be so busy as not to think of others."
- Mother Teresa
- "Sometimes it takes only one act of kindness and caring to change a person's life."
- Jackie Chan
- "Nobody cares how much you know, until they know how much you care."
- Theodore Roosevelt

# Read About It

When I Care About Others by Cornelia Maude Spelman
The Caring Me I Want To Be by Mary Dipalermo
Stillwater and Koo Save the World by Jon J Muth

#### Practice It

Try to find an activity that involves caring for others like helping grandparents or neighbors or taking care of a pet. Ask your child how it feels to help and care for others. Encourage your child to do things because it feels good and is the right thing to do.

### Talk About It

Here are some discussion points to help you talk about caring with your child:

- What do you think caring means and why is it important?
- Do you think you are a caring person? Why or why not?
- Do you think your friends are caring? Why or why not?
- Tell me what you have done lately that shows you care.

Credits: Counselor Chelsey