

Back To School Mental Health



I am
happy.



I am
strong.



I am
unique.



I am
enough.



Back To School Mental Health Resources

In Crisis

Mental Health, Substance & Suicide
Prevention Lifeline: 988

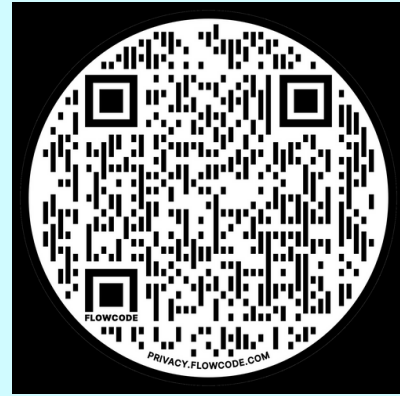
Trevor Lifeline: 1-866-488-7386
For LGBTQ youth in crisis

Sexual Assault Crisis Line:
618-397-0975

The National Domestic Violence
Hotline: 1-800-799-SAFE (7233)

Centerstone of Illinois, Inc. 24 Hour
Crisis Line: 618-465-4388

Chestnut Health Systems 24 Hour
Crisis Line: 1-618-877-0316



Scan the QR code for a full
list of Madison County mental
health, substance use and
intellectual disability
resources

Youth Resources

RFM SOAR: Working with behavioral,
stress and mental health challenges
for ages 11-18 years

HACSM: Mental health referrals for
ages 5-18

Heartlinks: Offering Grief counseling
for ages 5-18

NAMI: Supplies Mental health group
counseling for ages 12-18

Centerstone: Youth Mental Health
Program for ages 4-18

Youth Resources

Chestnut: Youth and Family Mental
Health Program for ages 11-18
Substance use Prevention
for ages 11-18

Refuge: Mental Health services for
ages 4-18

Catholic Charities: Mental Health for
youth ages 6-18

IL Warm Line: 866-359-7953



MADISON COUNTY
MENTAL HEALTH BOARD

